



## **Frequently Asked Questions MetroHealth Behavioral Health Hospital**

### **Why was the MetroHealth Behavioral Health Hospital built?**

The MetroHealth System is filling a critical community need by opening the Cleveland Heights Behavioral Health Hospital, offering 112 inpatient beds to those who need treatment for mental illness, substance use disorder and other conditions. This is Cleveland's newest inpatient Behavioral Health Hospital and Outpatient Programs. Depression and other behavioral health problems are just that – health problems – not personal failures. And sometimes they need to be treated in a hospital setting with support from physicians, nurses, and other healthcare professionals.

MetroHealth's new facility includes 112 new beds for inpatient care for adolescents, adults and elders struggling with addiction and mental health issues. Hospital stays will be short term (7-10 days on average) while people are evaluated and stabilized.

Care doesn't end when the hospital stay is over. Each person's journey to wellness is different. Depending on individual needs, our specialists recommend a continuing care plan that consists of Partial Hospitalization (PHP), Intensive Outpatient (IOP), or Outpatient care.

### **What does it include?**

The new three-story, 100,000 square-foot hospital will offer inpatient treatment for conditions including bipolar disorder, depression, addiction, mood disorders and dual diagnosis (those dealing with both a mental illness and substance abuse). The facility will offer treatment to adolescents, adults and seniors.

The hospital expects to treat about 5,000 patients a year, with an average length of stay of about a week. Patients would then transition to additional treatment after stabilization. The hospital will also offer extensive outpatient treatment.

### **How was it designed?**

The new MetroHealth Behavioral Health Hospital is built to support a healing environment, offering inpatient care for adolescents, adults, and seniors.

It's rare to find a hospital system making this type of investment in behavioral health, but it's what our community needs. In 2019, experts estimated that Greater Cleveland needs more than 200 additional beds to approach adequate care for some of the most at-risk members of our community.

That's why MetroHealth is building a brand-new behavioral health hospital, offering both inpatient and outpatient care to support our patient's needs.

### **How much did it cost?**



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The opening of the \$42 million facility is believed to be the largest investment in behavioral health in Northeast Ohio in at least 30 years. The opening comes as the demand for mental health counseling surges post-Covid, and as Cuyahoga County is on pace to have a record number of fatal overdoses this year.

## **How many jobs will this new building create and how will it help the region?**

The Behavioral Health Hospital will add 225 jobs and generate an estimated \$350,000 in additional tax revenue for Cleveland Heights. The behavioral health expansion will help reduce Cuyahoga County's critical shortage of care and treatment capacity. In 2019, nearly half of the residents who required behavioral health inpatient care received it outside of Cuyahoga County. National guidelines reveal the county has 220 fewer beds than what is needed to adequately serve the needs of local patients.

## **How can people schedule an appointment or find out more?**

To schedule an appointment, call 216-778-4428 or visit us at [metrohealth.org/behavioral-health](https://metrohealth.org/behavioral-health).

Inpatient inquiries: [216-778-7800](tel:216-778-7800)

Outpatient inquiries: [216-778-4428](tel:216-778-4428)

## **Can you tell me more about MetroHealth?**

Founded in 1837, MetroHealth is leading the way to a healthier you and a healthier community through service, teaching, discovery, and teamwork. Cuyahoga County's public, safety-net hospital system, MetroHealth meets people where they are, providing care through four hospitals, four emergency departments, and more than 20 health centers and 40 additional sites. Each day, our 8,000 employees focus on providing our community with equitable health care—through patient-focused research, access to care, and support services—that seeks to eradicate health disparities rooted in systematic barriers. For more information, **visit [metrohealth.org](https://metrohealth.org)**.

## **What is the Community Based Footprint initiative?**

MetroHealth's Community Based Footprint initiative is a system-wide effort to transform the future of health care by increasing health care equity and access for Northeast Ohio residents. By modernizing existing sites and building new facilities in strategic locations, we will better reflect the utmost excellence in care that our practitioners and staff provide to patients and reconfirm our commitment to our community.